

WomenCare Quarterly

News, announcements, and vital information about Catholic Health WomenCare for WNY physicians.

Summer 2015



Neighborhood Health Center

Neighborhood Health Center (NHC) is a Federally Qualified Health Center with two offices (Buffalo and Hamburg) providing care to patients regardless of their ability to pay for services. Patients come from Buffalo and the rural Southtowns.

With a 28-year history of working with the community's most vulnerable patients, NHC served nearly 19,000 patients in 2014. Services provided include adult and pediatric primary care, women's health and obstetrical services, oral health, behavioral health care, nutrition, podiatry, facilitated enrollment, and support referrals.

Offices provide well-woman, prenatal, obstetrical, family planning, contraceptive management, pre-conceptive counseling, menopausal care, surgical consultations, and midwifery care.

In 2014, NHC delivered more than 250 babies at Sisters of Charity Hospital and also supports care of babies after delivery through its pediatric care at its offices in Buffalo. Patients appreciate free walk-in pregnancy testing, late day and early morning appointments, and on-site sonography.

The NHC team includes board-certified physicians, midwives, nurse practitioners, social workers, a registered dietician, nurses and community health workers, including **Michele Frech, MD**; **Jack Hellriegel, MD**; **Martina Taylor, MD**; **Wendy Zitzka, CNM**; **Evette Hernandez, CNM**; **Melinda Loeffke, WHNP**; **Jennifer Cathcart, WHNP**; and **Lauren Wolf, FNP**.

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Physician Spotlights



Emerson Reid, MD, FACOG

It began back in his medical school days for Dr. Emerson Reid. He went to medical school at Howard University and spent time in Freedmen's Hospital in Washington, DC. The hospital had a philosophy of caring for those who had nothing. "The training was built into me," Dr. Reid said of the cultural experience and education he received. So, when Dr. Reid came to Buffalo to do his residency at Sisters of Charity Hospital, he found that similar philosophy and decided to build his practice around his interest in helping those who need it most. "I received help to get through school, so I wanted to make sure I gave back," he said. And give back he did.

For more than 40 years, Dr. Reid has been on staff at Sisters Hospital, caring for women of all ages and delivering thousands of babies here in WNY. He trained under David Nichols, MD, a prominent WNY physician and educator in obstetrics and gynecology. "Dr. Nichols had a profound effect on the way I practice and what I know," Dr. Reid said. "He even went on to write textbooks on the subject."

Always a solo practicing OB/GYN, his practice is located at 1832 Main St. in Buffalo. Although he doesn't deliver babies now, he does provide gynecological and prenatal care for low-risk women until late in their pregnancies. Dr. Reid has cared for generations of women in the same family and enjoys knowing he has delivered babies of many of those babies. His practice continues to flourish, taking new patients every day and caring for women of any age, adolescent patients and child-bearing, menopausal as well post-menopausal women.



Diane Sanfilippo, MD

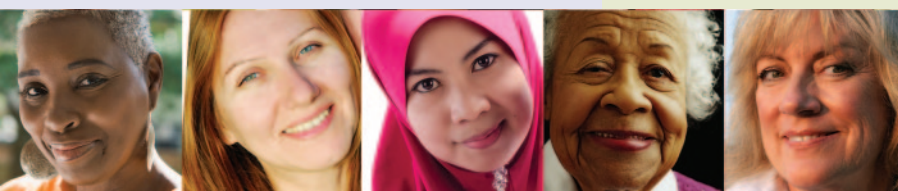
Dr. Diane Sanfilippo, a solo practicing OB/GYN physician, is pleased to return to her South Buffalo roots, having lived in South Buffalo as a young child and recently moving her practice from West Seneca to 410 Abbott Road, Buffalo near Mercy Hospital of Buffalo. Her father was a teacher at South Park High School, and she feels right at home among the buildings and businesses that remain from her childhood.

Dr. Sanfilippo's practice is centered on her strong desire to empower women to be active participants in their healthcare. Her caring style and bedside manner is recognized by her patients through her award for *Most Compassionate Doctor* by Vitals. According to Dr. Sanfilippo, "I offer care to my patients that is for them personally."

Women can expect to feel a one-on-one relationship because her staff is trained to provide personalized care. Dr. Sanfilippo recognizes the importance of the care she provides, both as a physician and mom, who just wants her patients to feel at home and comfortable. "My office staff and I want patients to come here and know we will provide individual care for them," she said.

Dr. Sanfilippo provides gynecological and obstetrical care, including minimally invasive surgery and high risk pregnancy care. Patients like to know she is going to do everything she can to be at their side for the birth of their baby. For women who are beyond childbearing years, she provides compassion in difficult moments, and objectivity and insight that her patients trust.

In addition to providing adolescent, menopausal and post-menopausal care, other services offered include breastfeeding, natural childbirth, and hypnobirthing. Her two nurse practitioners **Kari Beardsley, RN, MSN, WHNP** and **Amanda Koslosky, RN, MSN, WHNP** are both women's health nurse practitioners with extensive experience as labor nurses and in private practice. A board certified OB/GYN, Dr. Sanfilippo is pleased to be part of her hometown fabric again.



News Briefs

High Fives For Our Labor & Delivery Team!

Congratulations For a 100% Pass Rate on the National Electronic Fetal Monitoring (EFM) Certification Exam.

Catholic Health is proud to have maternity, labor and delivery personnel working in our hospitals who have been recognized as being among the best and most qualified in the nation. Proof again of our unwavering commitment to the community and excellence in healthcare.



www.chsbuffalo.org/WomenCare

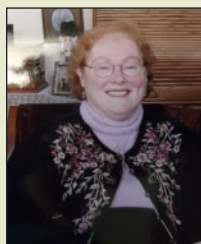
EFM Certification

Catholic Health is thrilled to announce that 100% of our labor and delivery clinicians at both Sisters and Mercy hospitals who took the Electronic Fetal Monitoring exam passed with flying colors!



Resolve Through Sharing

Amy Creamer, LCSW, Sisters Hospital bereavement coordinator, has been chosen to be a national speaker for Resolve Through Sharing®, a not-for-profit organization that provides an evidence-based yet compassion-first approach to bereavement care. She was also instrumental in the Cuddle Cot project. **For more information on Catholic Health's bereavement programs, contact Amy at 862-1678.**



A Fond Farewell

After 24 years of service at Sisters of Charity Hospital, **Mary Zablocki, RN**, has retired. She is excited to be able to devote her efforts to her "second career" as a novelist! Her trilogy, based on her ancestors' experiences in Ireland, is available for sale under the pen name **Mary Farron**, and a fourth novel is in the works.



Nurse of Distinction

Linda Chameli, RN, a maternal child nurse with Catholic Health Home & Community Based Care, was honored as a 2015 Nurse of Distinction by the Professional Nurses Association of Western New York. Established in 1919, the association pays tribute to the critically important role RNs play in the health and welfare of our community.

CenteringPregnancy®

Sisters Hospital has been awarded a grant by the Health Foundation for Western and Central New York for their CenteringPregnancy® initiative. "Centering" is a peer-support model of care for expectant mothers with similar due dates. Group members are evaluated by a healthcare provider, and then participate in discussions and presentation on a variety of topics that affect moms and babies. **For more information on Centering, call (716) 862-1486.**

WIC Returns to Seton Professional Building

On April 14, 2015, members of the Catholic healthcare community gathered to celebrate the grand re-opening of the WIC site at the Seton Building in Buffalo, on the Sisters Hospital campus. Pictured below, Bishop of Diocese of Buffalo, **Most Rev. Richard J. Malone**, expresses his appreciation for the staff and mission of Catholic Charities' WIC program, while **Tish Brady**, Catholic Charities chief operating officer, looks on.



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The Neighborhood Health Center was recently awarded technical assistance and funding by the Health Foundation for Western and Central New York to expand midwifery care to women who have low incomes. NHC works to address health equity as a result of disparities in social determinants of health by partnering with women to define and meet their needs. Their team cares for women of any age, including adolescents and child-bearing, menopausal, and post-menopausal women.



For more information about Neighborhood Health Center, visit neighborhoodhealthcenter.org or call (716) 875-2904.

Upcoming Events

Catholic Health WomenCare is proud to offer valuable community events throughout the year. Upcoming events include:

- July 14 GYN Symptoms You Shouldn't Ignore: The Essentials on Incontinence, Pelvic Mesh, and Ovarian Cancer
- August 8 Let's Talk About Cancer: A Community Seminar on Prostate, Breast, and Colorectal Cancers in WNY
- Sponsors: Catholic Health and Roswell Park
- Supporting Sponsors: Buffalo Bulls Alumni and the American Cancer Society
- October 9 Making Strides Against Breast Cancer Walk

To learn more or for a complete list of our community events, visit chsbuffalo.org/events or call (716) 447-6205.