

Spinal Cord Injury

Resources

General Information

- Christopher & Dana Reed Foundation- <https://christopherreeve.org>
- United Spinal Association- <https://unitedspinal.org/>
- Shirley Ryan Ability Lab, stroke recovery- <https://www.sralab.org/conditions/spinal-cord-injury>
- Spinal Cord Injury Resource Center- <https://spinalcord.org>
- Model Systems Knowledge Translation Center
<https://msktc.org/sci>

Patient/Family Support

- Christopher & Dana Reed foundation-Peer support
<https://www.christopherreeve.org/get-support>
- Motion Project Foundation-located in Cheektowaga
<https://www.motionprojectny.org/>
Phone number 716-668-4SCI or 716-783-4338
Email contact: Spitskier@gmail.com

Hiring Personal Assistants

- Model Systems Knowledge Translation Center
<https://msktc.org/sci/factsheets/personal-care-attendants-and-spinal-cord-injury>
- How to Successfully Hire and Manage a Personal Care Assistant
https://www.sfphysio.fr/global/gene/link.php?doc_id=83&fg=1

Transportation Services

- Paratransit services <https://metro.nfta.com/special-services/paratransit>

Patient Education

- HealthSheets- <https://vanortherncalifornia.kramesonline.com/>
- Pressure injury prevention and pressure relief videos
<https://www.uab.edu/medicine/sci/daily-living/managing-personal-health/secondary-medical-conditions/pressure-ulcers-a-skin>

Accessibility/Rights

- Americans with Disabilities Act, US Department of Justice
www.ada.gov
- Disability Rights: <https://www.fcc.gov/accessibility>

Assistive Technology

- University of Buffalo; Center for Assistive Technology
<https://publichealth.buffalo.edu/cat/client-services.html>

Vocational Rehabilitation

- NY State Education Department; Assisting individuals with disabilities to achieve and maintain employment and support independent living
<http://www.acces.nysed.gov/vr>
Local phone number: 716 838-0047
- Supportive Service Corporation-For older persons returning to workforce
245 Elmwood Ave #101, Buffalo NY, 14222 Local number: 716 881-6350