

# Spinal Cord Injury

# Resources

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## General Information

- Christopher & Dana Reed Foundation- <https://christopherreeve.org>
- United Spinal Association- <https://unitedspinal.org/>
- Shirley Ryan Ability Lab, stroke recovery- <https://www.sralab.org/conditions/spinal-cord-injury>
- Spinal Cord Injury Resource Center- <https://spinalcord.org>
- Model Systems Knowledge Translation Center  
<https://msktc.org/sci>

## Patient/Family Support

- Christopher & Dana Reed foundation-Peer support  
<https://www.christopherreeve.org/get-support>
- Motion Project Foundation-located in Cheektowaga  
<https://www.motionprojectny.org/>  
Phone number 716-668-4SCI or 716-783-4338  
Email contact: [Spitskier@gmail.com](mailto:Spitskier@gmail.com)

## Hiring Personal Assistants

- Model Systems Knowledge Translation Center  
<https://msktc.org/sci/factsheets/personal-care-attendants-and-spinal-cord-injury>
- How to Successfully Hire and Manage a Personal Care Assistant  
[https://www.sfphysio.fr/global/gene/link.php?doc\\_id=83&fg=1](https://www.sfphysio.fr/global/gene/link.php?doc_id=83&fg=1)

## Transportation Services

- Paratransit services <https://metro.nfta.com/special-services/paratransit>

## **Patient Education**

- HealthSheets- <https://vanorthernCalifornia.kramesonline.com/>
- Pressure injury prevention and pressure relief videos  
<https://www.uab.edu/medicine/sci/daily-living/managing-personal-health/secondary-medical-conditions/pressure-ulcers-a-skin>

## **Accessibility/Rights**

- Americans with Disabilities Act, US Department of Justice  
[www.ada.gov](http://www.ada.gov)
- Disability Rights: <https://www.fcc.gov/accessibility>

## **Assistive Technology**

- University of Buffalo; Center for Assistive Technology  
<https://publichealth.buffalo.edu/cat/client-services.html>

## **Vocational Rehabilitation**

- NY State Education Department; Assisting individuals with disabilities to achieve and maintain employment and support independent living  
<http://www.acces.nysesd.gov/vr>  
Local phone number: 716 838-0047
- Supportive Service Corporation-For older persons returning to workforce  
245 Elmwood Ave #101, Buffalo NY, 14222 Local number: 716 881-6350