

# Ask **THRIVE** · Start on the Right Note

TRANSFORMATIONAL · HEALTHCARE · READINESS · INNOVATIVE · VOCATIONAL · EDUCATION

THRIVE has been supporting the success of newly hired caregivers at Catholic Health since 2019. Wanting to start on the right note? Here are some practical steps that can increase your confidence as a new team member.

## Be PRESENT

- Be on time (arrive 15 minutes early)
- Save your air pods/phones for break outside of patient areas
- Clock in on your unit



## Be WELCOMING

- Answer the phone
- Talk with people that come to the desk, connect them with someone on the team with an answer.



## Be HELPFUL

- Help where help is needed
  - Accept tasks assigned to you by your team
- Be a team player... and know that it could easily be you needing help next!*



## Be PROFESSIONAL

- Act in a way that lets the patients know they are safe
- Accept changes during your shift
- Use work appropriate language
- Keep natural nails.

