

Pre-Surgery Hibiclens Showers

You will need one (1) bottle of Hibiclens and pump dispenser. This is plenty for the two (2) showers you will take.

Shower #1: The night before surgery

Wash your hair with your OWN shampoo and rinse thoroughly. Rinse Body with water and turn the water off. **From the neck down** (NO face, eyes, or genitals), wash with Hibiclens allowing it to stay on the skin for five (5) minutes before you rinse it off. Towel off with a clean, freshly laundered towel, then put on freshly laundered pajamas, and sleep on freshly laundered sheets.

Shower #2: The morning of surgery

REPEAT the above process. Remember, Hibiclens should not be used on the face, near the eyes, or genitals. Put on freshly laundered, comfortable clothes to come to the hospital in.

During and after showers:

DO NOT SHAVE, DO NOT PUT LOTIONS, CREAMS, OR DEODORANTS OF ANY KIND ON. PLEASE DO NOT WEAR MAKEUP DAY OF SURGERY.