

MEDIA INFORMATION

Public Relations

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Sisters Hospital Opens new Metabolic Center for Wellness

New model will include comprehensive bariatric & rehabilitation services

Buffalo, NY – Catholic Health announced today that Sisters of Charity Hospital, St. Joseph Campus will be home to the newly formed *Sisters Metabolic Center for Wellness, Comprehensive Rehabilitation and Bariatric Services*. With an emphasis on wellness, the 6,000 square foot facility is the first of its kind in Western New York and features state-of-the-art equipment and clinical space for:

- Bariatric & Nutrition Support Services
- Cardiac Rehab Phase II
- Occupational Therapy
- Physical Therapy Including Wound Care
- Industrial Rehab
- Speech Therapy Including Modified Barium Swallow Testing

This unique facility will play a key role in Catholic Health's leading Bariatric Surgery program. Bariatric (weight loss surgery) patients will be able to use the facility for physical therapy, nutrition counseling and other support services before and after their procedures. Sisters' Bariatric program, ranked among the best in the Northeast, is a Blue Center of Distinction. Endocrinology Services, an important part of the metabolic and bariatric program, will be provided at the Caritas Building, located adjacent to the St. Joseph Campus, later this year.

"The services and care offered in the Metabolic Center for Wellness will be a valuable resource for patients to not only recover from various procedures/conditions, but also to better prepare for their surgeries," said Martin Boryszak, President and CEO of Sisters Hospital. "With a highly skilled and compassionate care team in place, we are able to provide our patients with holistic and personalized services to support their health and wellness goals."

The Sisters Metabolic Center for Wellness consolidates existing services offered at other Catholic Health locations including Partners in Rehab services on Transit Road in Depew and at Sisters Hospital's Main Street, and Phase II Cardiac Rehabilitation also at the Main Street Campus.

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Formed in 1998, Catholic Health in Buffalo, NY is a non-profit healthcare system that provides care to Western New Yorkers across a network of hospitals, primary care centers, imaging centers, and several other community ministries. Catholic Health brings together the strengths and talents of more than 9,000 full and part-time associates and more than 1,500 physicians under one healthcare ministry that stretches across all areas of Western New York. Visit www.chsbuffalo.org for more information.