



Your Partner in Care

From diagnosis to treatment and follow-up, our specially-trained team uses the latest evidenced-based practices to help diagnose, treat and manage your condition. We are dedicated to delivering services in an environment that emphasizes patient and physician satisfaction, trust and open communication.

Our multidisciplinary team approach to spine care is individually tailored to meet each patient's specific needs. This team includes:

- Physical Therapists with advanced training
- Physiatrist
- Pain Psychologist/Behavioral Medicine
- Spine Surgeon

In addition, we work closely with your personal physician to ensure continuity in your individualized care plan.

Our Spine Care Team & Locations (716) 923-7151



Partners In Rehab

MDTC - West Seneca
550 Orchard Park Road, Building C
West Seneca, NY 14224

Tom Coleman, PT, DPT, Cert. MDT*



Joe Lorenzetti, PT, DPT, Cert. MDT*



Ron Schenk PT, PhD, Dip. MDT*



Partners In Rehab - East Aurora

94 Olean Road
East Aurora, NY 14052

Melissa Ramsay, MSPT, Cert. MDT*



AthletiCare

3669 Southwestern Boulevard
Orchard Park, NY 14127

Edyta Sullivan, PT, Cert. MDT*



Sisters Metabolic Center for Wellness

Sisters Hospital, St. Joseph Campus
2605 Harlem Road
Cheektowaga, NY 14225

David May, PT, Cert. MDT*



Mount St. Mary's Hospital

Center for Sports Medicine & Rehab
One Columba Drive
Niagara Falls, NY 14305

Kristin Barnard, PT, DPT, Cert. MDT*



AthletiCare

1495 Military Road
Kenmore, NY 14217

Joe Baumgarden, PT, DPT, Cert. MDT*

* Mechanical Diagnosis & Therapy -
McKenzie Method

Patient Guide



Comprehensive Spine Care at Catholic Health

A multidisciplinary approach to evaluation and treatment of acute and chronic spine symptoms, individualized to your specific needs.





Easy Access Easy Referral

Catholic Health has developed a One Call system to streamline the referral process to our Comprehensive Spine Care Program.

Simply call (716) 923-7151, and you will be connected with a specially-trained One Call representatives who will work with you to schedule your evaluation with a designated physical therapist from our program.

One Call is staffed from 8 am to 5 pm. When calling after hours, leave a message and we will return your call on the next business day.

We participate with most major health insurance plans. Be sure to have your insurance information available when calling.

Get back to what you love with comprehensive spine care.

Experts in rehab working for you.

Our unique program provides a specialized and comprehensive team to provide the highest quality treatment and best outcomes for anyone with neck or back pain.

Team members know the importance of individualizing your rehab program in order to maximize your recovery. They combine their distinct areas of expertise to create a program in conjunction with you and your family – your optimal functional goals are our priority.

Your first visit.

During your first visit you will be seen by an expert physical therapist who specializes in treatment of the spine. You will complete questionnaires which will help guide your therapist in designing your treatment plan. You will also undergo a thorough examination and be given instructions for beginning to manage your symptoms.

What to expect.

You should wear loose fitting clothing. Visits are 1 or 2 times per week based on patient need. The initial examination is a thorough process and may take up to an hour. Future appointments are 30-45 minutes. You will be instructed in an individualized set of home exercises designed to speed up your recovery process.

Measuring your progress.

Success will be measured not only through data collected in the clinic, but by your return to normal activities and improved quality of life.

Team approach.

Physical therapy is the entry point to the program. If progress is not as expected after 4 visits, our team will meet to discuss the best course of treatment moving forward. Our team consists of several physical therapists with advanced training, a physiatrist, a pain psychologist, and a surgeon.

Follow-up care and support.

A free Back School program will be offered to our patients when in the program or as a followup after discharge. This will provide a set time to review continued progress, ensure proper performance of home exercises and body mechanics, and provide an opportunity to discuss any questions with a therapist.

Important things to remember.

Our individualized treatment planning and team approach are designed to maximize your success. You will be an active participant in your recovery as the program requires you complete “homework” to carry over the gains you have made in the clinic to the home setting.

For questions and referrals, call us
(716) 923-7151.

