



Preparation for those called to walk
alongside individuals with health concerns.



Congregational Health Promoter Course

If your congregation is thinking of starting a health ministry,
or you have an existing one in need of assistance, this course is for **you!**

Topics covered include:

- The faith-health connection
- Tips for starting a health ministry
- Tips for strengthening a health ministry
- High blood pressure, heart attack, stroke
- Nutrition
- Diabetes
- Women's issues
- Infant mortality
- Mental and emotional health
- Medications
- Lifestyle changes



A minimum of 10 registered participants are required to hold the course. In the event we do not have the minimum number, registration will be refunded.

Saturdays

May 6 & 13, 2023

9:00 am - 2:00 pm both days

Virtually via WebEx. Log-in information
will be sent to those who register.

- Must attend both sessions to successfully complete course
- Cost is \$20 per person

Payment should be sent, made payable to:

Faith Community Nurse Program
Catholic Health/Mission Integration
Administrative Regional & Training Center
144 Genesee Street, 6th floor
Buffalo, NY 14203

Register before April 14

by calling:

716-923-9672