## Community Health Assessment - Consumer

1. What health topics are you interested in learning more about? (select all that apply)

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Cancer | , | 41.3\% | 414 |
| Diabetes | $\square$ | 39.0\% | 391 |
| Lead Poisoning | $\square$ | 11.8\% | 118 |
| Environment and Housing | , | 20.5\% | 205 |
| Family Planning | $\square$ | 13.6\% | 136 |
| Food Safety | $\square$ | 30.2\% | 303 |
| Heart Disease and Heart Health | $\square$ | 30.3\% | 304 |
| HIV and AIDS |  | 16.6\% | 166 |
| Immunizations | $\square$ | 14.6\% | 146 |
| Infectious Disease | $\square$ | 24.3\% | 243 |
| Injury Prevention | , | 11.2\% | 112 |
| Children's Health |  | 30.8\% | 309 |
| Dental Health |  | 29.2\% | 293 |
| Nutrition |  | 48.3\% | 484 |
| Physical activity and fitness |  | 42.9\% | 430 |
| Overweight/Obesity |  | 34.5\% | 346 |
| Asthma |  | 19.7\% | 197 |
| Sexually Transmitted Diseases |  | 15.2\% | 152 |
| Alcohol and Drug Abuse | $\square$ | 16.8\% | 168 |
| Tobacco | $\square$ | 15.0\% | 150 |
| Stroke | $\square$ | 20.2\% | 202 |
| Depression | ] | 39.0\% | 391 |
| Stress | $\square$ | 44.1\% | 442 |
|  | 1 of 15 |  |  |


| Cholesterol |  | 25.2\% | 253 |
| :---: | :---: | :---: | :---: |
| Blood Pressure |  | 34.3\% | 344 |
| Arthritis |  | 28.0\% | 281 |
|  |  | answered question | 1,002 |
|  |  | skipped question | 28 |

2. If there are other health topics that you are interested in, what are they?

|  |  | Response <br> Count |  |
| :--- | :--- | :--- | :--- |
|  |  |  |  |

3. Where do you get most of your health information? (Check one.)

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Doctor or Medical Provider | ] | 49.7\% | 499 |
| Library | $\square$ | 1.9\% | 19 |
| Newspaper or Magazines | $\square$ | 7.1\% | 71 |
| School Nurse | ] | 0.3\% | 3 |
| Computer or Internet | $\square$ | 23.9\% | 240 |
| Television or Radio | - | 5.3\% | 53 |
| Friends and Family | $\square$ | 5.0\% | 50 |
| Health Insurance Company | $\square$ | 1.3\% | 13 |
| Social Services, Headstart, or WIC | $\square$ | 1.3\% | 13 |
| Other | $\square$ | 4.4\% | 44 |
|  |  | answered question | 1,005 |
|  |  | skipped question | 25 |

4. If you selected other, where do you get most of your health information?

5. How often do you participate in physical activity or exercise?


6. Which, if any, of the following would help you become more active? Check all that apply.


7. Is there anything else that would help you become more active? What?

8. How many servings of fruits and vegetables do you eat every day on average? (A serving is 1 cup or a fist sized piece)

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| More than 5 | $\square$ | 8.8\% | 87 |
| 5 | $\square$ | 8.9\% | 88 |
| 4 | $\square$ | 13.8\% | 136 |
| 3 | $\square$ | 24.8\% | 245 |
| 2 | $\square$ | 24.9\% | 246 |
| 1 | $\square$ | 16.5\% | 163 |
| 0 | $\square$ | 2.3\% | 23 |
|  |  | answered question | 988 |
|  |  | skipped question | 42 |

9. How many fruits or vegetables do you think you should eat everyday?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| More than 5 | $\square$ | 30.4\% | 298 |
| 5 | $\square$ | 30.2\% | 296 |
| 4 | - | 16.4\% | 161 |
| 3 | $\square$ | 15.7\% | 154 |
| 2 | $\square$ | 4.3\% | 42 |
| 1 | $\square$ | 2.7\% | 26 |
| 0 | ] | 0.4\% | 4 |
|  |  | answered question | 981 |
|  |  | skipped question | 49 |

10. What keeps you from eating more fruits and vegetables everyday? Check all that apply.

| Response |
| ---: | ---: | ---: | ---: | :---: | :---: |
| Count |

11. If you selected other, what else keeps you from eating more fruits or vegetables?

12. Do you have health insurance?

|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| Yes |  |  | 85.9\% | 842 |
| No | - |  | 14.1\% | 138 |
| answered question |  |  |  | 980 |
| skipped question |  |  |  | 50 |

13. If you do have health insurance, is this insurance...

| Response |
| ---: | ---: | ---: | :---: | :---: |
| Count |

14. If you selected other, what type of insurance do you have?

|  | Response <br> Count |
| :---: | ---: |
| answered question | 46 |
| skipped question | 964 |

15. How often do you see a doctor or medical person?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| For a yearly check-up | $\square$ | 27.5\% | 266 |
| Several times a year |  | 46.3\% | 447 |
| Only when I'm sick | $\square$ | 21.9\% | 212 |
| I don't | $\square$ | 4.2\% | 41 |
|  |  | answered question | 966 |
|  |  | skipped question | 64 |

16. Where do you usually seek medical care? (select one)

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Your regular doctor |  | 79.2\% | 760 |
| At a hospital emergency room | , | 9.2\% | 88 |
| In a clinic |  | 9.5\% | 91 |
| Other | $\square$ | 2.2\% | 21 |
| answered question |  |  | 960 |
| skipped question |  |  | 70 |

17. If you selected other, where do you usually get medical care?

|  | Response <br> Count |
| :---: | :---: |
| answered question | 38 |
| skipped question | 38 |
| ske | 992 |

18. How would you describe your overall health?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Excellent |  | 16.2\% | 157 |
| Good | $\square$ | 56.2\% | 545 |
| Fair |  | 22.8\% | 221 |
| Poor | $\square$ | 4.8\% | 47 |
|  |  | answered question | 970 |
|  |  | skipped question | 60 |

19. If you were to eat more healthy (more fruits and vegetables) and were more physically active (walked more) do you think that it would make a difference in how you feel?

20. What three health issues are you most concerned about? Please pick three.

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Can't get in to see a doctor (can't get an appointment) |  | 8.7\% | 83 |
| Health insurance | L | 30.4\% | 289 |
| Don't have the money to go to a doctor |  | 12.0\% | 114 |
| Transportation to the doctor |  | 12.5\% | 119 |
| Tobacco or smoking cigarettes or cigars |  | 12.2\% | 116 |
| Physical Activity |  | 24.5\% | 233 |
| Nutrition |  | 21.9\% | 208 |
| Obesity or overweight |  | 28.7\% | 273 |
| Diabetes |  | 15.4\% | 146 |
| Asthma |  | 7.7\% | 73 |
| Cancer |  | 18.4\% | 175 |
| HIV and AIDS |  | 5.7\% | 54 |
| Sexually transmitted diseases | $\square$ | 5.6\% | 53 |
| Immunizations | $\square$ | 3.8\% | 36 |
| Injury |  | 5.9\% | 56 |
| Mental Health |  | 13.2\% | 125 |
| Alcohol and drug abuse |  | 8.6\% | 82 |
| Dental care |  | 13.1\% | 124 |
| High blood pressure |  | 16.8\% | 160 |
| Heart disease | , | 14.7\% | 140 |
| Cholesterol | $\square$ | 9.4\% | 89 |
| Arthritis | $\square$ | 9.8\% | 93 |


| Teen pregnancy | $\square$ | 4.8\% | 46 |
| :---: | :---: | :---: | :---: |
| Depression |  | 15.4\% | 146 |
| Other | $\square$ | 6.1\% | 58 |
|  |  | answered question | 950 |
|  |  | skipped question | 80 |
| 21. If you selected other, what health issue(s) are you concerned about? |  |  |  |
|  |  |  | Response Count |
|  |  |  | 100 |
|  |  | answered question | 100 |
|  |  | skipped question | 930 |

22. What do you think needs to be done to deal with the health issues you are concerned about?

|  | Response <br> Count |
| :---: | :---: |
| answered question | 517 |
| skipped question | 517 |
|  | 513 |

23. Have you had difficulty finding a particular healthcare service for you or your family? If so, what was the service you needed to find and can you tell us what happened?

24. Your age range:

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| 17 or under | $\square$ | 1.7\% | 16 |
| 18-29 |  | 20.3\% | 196 |
| 30-39 |  | 17.0\% | 164 |
| 40-49 |  | 24.2\% | 234 |
| 50-59 |  | 25.8\% | 249 |
| 60 and over |  | 10.1\% | 98 |
| Prefer not to answer | $\square$ | 0.9\% | 9 |
|  |  | answered question | 966 |
| skipped question |  |  | 64 |

25. Gender

26. Race/Ethnicity (check all that apply)

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| American Indian | $\square$ | 2.5\% | 24 |
| Hispanic/Latino | $\square$ | 8.1\% | 77 |
| African American |  | 26.3\% | 249 |
| White/Caucasian |  | 61.0\% | 577 |
| Asian | $\square$ | 0.6\% | 6 |
| Other | $\square$ | 1.6\% | 15 |
| Prefer not to answer | $\square$ | 2.6\% | 25 |
|  |  | answered question | 946 |
|  |  | skipped question | 84 |

27. Zip code where you live

|  | Response <br> Count |
| :---: | :---: |
| answered question | 924 |
| skipped question | 924 |
|  | 106 |

28. County where you live

|  |  | Response <br> Count |  |
| :---: | :---: | :---: | :---: |
|  |  |  | 911 |
| answered question | 911 |  |  |
| skipped question | 119 |  |  |

29. How many people live in your home, including yourself? (Please enter number for each age group)

|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| Number of Children (17 and under) | $\square$ |  | 77.8\% | 690 |
| Number of Adults (18 to 64) | $\square$ | I | 97.3\% | 863 |
| Number of Seniors (65 and over) | - |  | 67.8\% | 601 |
|  |  | answered question |  | 887 |
|  |  | skipped question |  | 143 |

30. Household Income

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Under \$15,000 per year |  | 33.6\% | 302 |
| \$15,000-\$24,999 per year |  | 10.4\% | 94 |
| \$25,000-\$34,999 per year |  | 10.8\% | 97 |
| \$35,000-\$44,999 per year |  | 8.0\% | 72 |
| \$45,000-\$54,999 per year |  | 6.3\% | 57 |
| \$55,000-\$64,999 per year |  | 6.8\% | 61 |
| \$65,000-\$84,999 per year |  | 10.7\% | 96 |
| \$85,000 or more per year |  | 13.4\% | 121 |
|  |  | answered question | 900 |
|  |  | skipped question | 130 |

31. Please enter any additional comments below.

|  | Response <br> Count |
| :---: | :---: |
| answered question | 102 |
| skipped question | 102 |
| 928 |  |

