Helping You Get Back To The Life You Love

A CONTINUUM OF CARE
Catholic Health is committed to helping you get the same high quality of care after leaving the hospital. The HeartStrong cardiac rehabilitation program was designed to improve your recovery as you move to outpatient and home care.

REFERRAL & INSURANCE COVERAGE
HeartStrong Services are covered by most insurance plans, including Medicare, Medicaid, Workers’ Compensation, No Fault, BlueCross, BlueShield, Community Blue, Univera and Independent Health.

RN Care Coordinators initiate and facilitate your referral to the HeartStrong program through Catholic Health’s Care Connection office: (716) 706-2382. Your physician may pre-schedule elective surgery cases through this office to expedite the admission process.

Patients with Congestive Heart Failure (CHF):
- St. Francis of Buffalo
  34 Benwood Avenue
  Buffalo, NY 14214
- St. Francis of Williamsville
  147 Reist Street
  Williamsville, NY 14221

Patients with Congestive Heart Failure (CHF) and Cardiac Surgical Patients:
- Father Baker Manor
  6400 Powers Road
  Orchard Park, NY 14127
- McAuley Residence
  1503 Military Road
  Kenmore, NY 14217

For more information, please call (716) 706-2382.
Subacute formula for cardiac care
If you have recently had heart failure or cardiac surgery, we can assist in your recovery and help you live a full life. One of the most effective ways to do that, while improving your quality of life and avoiding future hospital admissions, is the HeartStrong cardiac rehabilitation program.

Specialized care for patients.
HeartStrong was created in collaboration with cardiologists and cardio-thoracic surgeons to help patients like you receive the best possible treatment after leaving the hospital. This proven, specialized program gives you access to continued care during your recovery, including additional support and education for you and your family.

Your own team of experts. All centered around you.
HeartStrong takes a team approach to your treatment — with highly-trained medical and clinical staff working together with your doctor to help you through the recovery process. Your team includes:

- 24-Hour Nursing Care
- Rehabilitation Nurses
- Physical & Occupational Therapists
- Speech-Language Pathologists
- Clinical Dieticians
- Case Managers/Social Workers
- Pastoral/Spiritual Care Professionals

Combining their individual areas of expertise, each team member is dedicated to helping you rebuild your strength and endurance, learn positive lifestyle habits, and assist you in managing your health at home.

Your HeartStrong plan also includes education, counseling and guidance in a variety of areas:

- Medications
- Diet & Exercise
- The Importance of Rest
- Risk Factor Modification
- Smoking Cessation
- Weight Monitoring
- Worsening Symptoms

The beat goes on...
HeartStrong gives you the confidence and knowledge to live your life healthier. You’ll learn easy-to-follow action plans that help you “Go” forward, take “Caution” or “Stop” when medical attention may be needed. Your doctor can help introduce you to all the advantages. Ask for more details today.