



Congregational Health Promoter Course

If your congregation is thinking of starting a health ministry, or you have an existing one in need of assistance, this course is for **you!**

Topics covered include:

- The faith-health connection
- Tips for starting a health ministry
- Tips for strengthening a health ministry
- Nutrition
- Mental and emotional health
- Lifestyle changes
- Communication skills
- Getting others to medical attention
- Getting and receiving support through relationships
- Congregational assessments
- Self-care



A minimum of 10 registered participants are required to hold the course. In the event we do not have the minimum number, registration will be refunded.

September 10 & 17, 2022
9:00 am - 2:00 pm both days

Virtually via WebEx. Log-in information will be sent to those who register

- Must attend both sessions to successfully complete course
- Cost is \$20 per person

Payment should be sent, made payable to:

Faith Community Nurse Program
Catholic Health/Mission Integration
Administrative Regional & Training Center
144 Genesee Street, 6th floor
Buffalo, NY 14203

Register before August 12
by calling:

716-923-9672